

## **FITNESS CENTER REGISTRATION FORM & LIABILITY RELEASE**

Unit Number

Date

Print Name (Primary Resident)

Telephone Number

Print Name (Spouse or Domestic Partner)

Telephone Number

Each of the above named are to be registered as members of The House at Cornell Tech Fitness Center.

By their signature, each warrants that he/she is in good physical condition and has no disability, impairment or ailment which would adversely be affected by participation in a physical conditioning program, or by use of the center's facilities or services; each warrants that he/she has no disability, impairment, or ailment, which would be adversely affected by using the center. Further, he/she is advised that if he/she has or is disposed to, high blood pressure or cardiac problems, he/she should seek the advice of a physician before undertaking an exercise program, especially if the exercise program represents a change from an inactive to an active regimen. The undersigned further understands that he/she agrees to be solely responsible for any injuries sustained as a result of a participation in physical conditioning programs, or the use of facilities, services and or equipment of the Fitness Center. He/she agrees to release and hold harmless Cornell University, its trustees, officers, employees, and agents, from and against any and all claims, actions, damages, and losses (including reasonable legal and investigatory costs), including bodily injury and death, arising from or related to his/her use of the Fitness Center, its services or equipment.

General Fitness Center Guidelines:

The Fitness Center shall be for the exclusive use of registered residents and/or occupants of the building only. Residents Guests are not authorized to use the facility.

If a registered resident member wishes to utilize a private personal trainer, the trainer must register with building management in advance and must demonstrate that he/she is a licensed, insured, and certified professional personal trainer.

Your key fob will be enabled to access the Fitness Center. Access to the Fitness Center will not be permitted otherwise.

Minors under the age of sixteen (16) including infants in strollers are not permitted in the Fitness Center at any time including when accompanied by a resident member without exception.

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Minors who are sixteen (16) or seventeen (17) years of age may become members of the fitness center providing they are authorized by their resident parent or guardian and have permission from their doctor to engage in physical activities.

The Fitness Center hours may be modified from time to time.

Proper attire is required while using the fitness center and while traveling to/from the Fitness Center in the building. At a minimum, shirt, shorts, and appropriate footwear are required at all times.

Horseplay, ball playing, running through and around the Fitness Center, and/or objectionable behavior such as the use of loud, obscene, or offensive language in the Fitness Center will not be permitted.

The use of a personal sound device (i.e. iPods, CD players, MP3 players and similar devices) is permitted providing noise levels are not audible to other members.

The Fitness Center is deemed a "Cell Phone Free Zone" for the convenience of others.

The undersigned agrees to be bound by the rules and regulations and to abide by all the Fitness Center policies at all times.

Print Name (Primary Resident)

DOB month/day/year

Signature

Date Signed

Print Name (Spouse or Domestic Partner)

DOB month/day/year

Signature

Date Signed